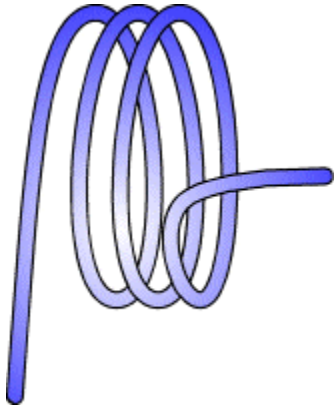


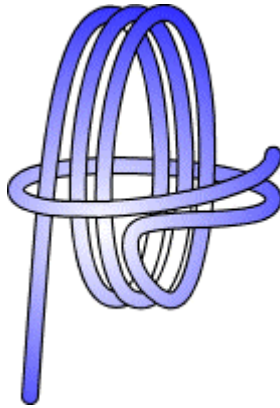
## Decorative Knot Awards

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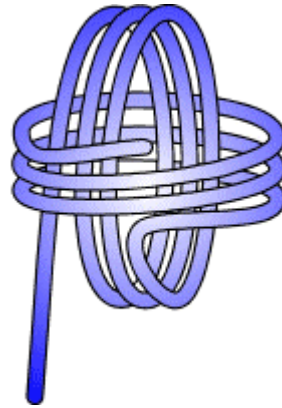
### Monkey's Fist



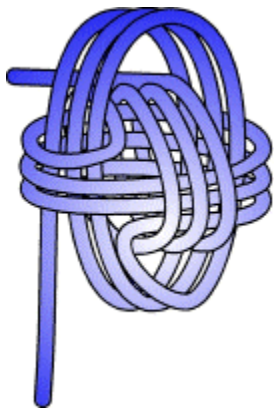
1. Make three turns round the hand.



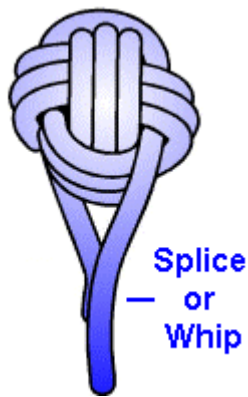
2. Start making turns passing outside the middle of the first three turns.



3. Complete the three second turns.



4. Make three more turns passing inside



5. Tighten up the knot round a soft core